

Alienation

The anti-game

Louis Lanzing

First of all, a riddle.

The philosopher Wittgenstein added the following metaphor to his now famous *Tractatus*: compare this writing with a ladder, which must first be climbed in order to arrive at a different level of thinking. After climbing the ladder, after understanding, this ladder can actually be removed again.

The latter is not the case with regard to the following – on the contrary! What is equal is that in this game “Alienation” the reader is first asked to climb one ladder step by step. Gradually, it will become clear to the patient reader that there are then not one but two ladders: one up and one down.

Ten steps up and ten steps down. Only when the reader has both climbed and descended these two ladders will it become clear that other figures are also possible. We can also lay these steps in a circle. To stick with the metaphor, perhaps these are rope ladders. Anyway, the ten steps up can just as well be seen as a circle, just like the ten steps down, so two circles with ten "steps". If the reader, who no longer understands it, because this is all completely abstract, has started to become curious and wants to know what this is about, he will first have to go up the first ten steps (Part I) and then the ten more steps down again (Part II). Only then, after reading these two times ten steps, will the circle also gradually begin to round out for the reader.

Dr. Siebe Drieman, Amsterdam 2009

PART I
The birth of the concrete world

I. FEAR

It is through the fear of chaos and death that form and recognition are sought, in order to create clarity through the well-known symbolisms such as language and speech.

The urge to imitate caused by this fear causes action.

The actions we take are rewarded or punished from birth and we don't realize that reward and punishment are part of the same principle.

The new-born child is immediately confronted with these contrasts, because the contrasts after and before the blissful period in the womb are enormous.

The warm bath resembles the familiar feeling before birth, but from the bath it seems the absolute opposite.

Before birth there was no hunger, but now it is a recurring phenomenon.

The warm feeling in the bath and drinking the (breast) milk are inculcated as highlights of the day, and as a reward.

In such a process, in which it becomes clear who creates which condition in order to create a climate for infant and child, confidence in the parents grows, who generally draw their wisdom from stories passed down and from books.

The child grows up, and through sensory perception, plus the increase in abstractions, a world is formed, which is seen and felt as concrete.

THE CONFUSED MIND

When everything concrete is repetition and recognition, and everything knowable needs a recognition term to combine the construction of chronologically classified abstractions in order to give shape to action, then things might also go wrong in this process. Anyone who has ever been under anesthesia, hypnosis or asleep is not sure what reality he or she has entered upon awakening.

The confused mind!

When the climate changes, recognition becomes more difficult. People who visit their homeland after so many years of absence have recognition problems because of climate changes. Where people used to play on grassland, a football stadium has now been placed and the church on the corner has been transformed into a parking garage. Recognition is by repetition, so by reference. What seems to be permanently stored is constantly changing. Our memories take on a life of their own. (see *DNA*). When we are not regularly confronted with the place in the space that we are trying to imagine, chaos ensues. The deviation of the repetition. Uniqueness means chaos and is unknowable. This can cause anxiety. Chaos twice creates recognition and clarity, causing chaos to lose its meaning. This clarity is experienced and judged as luck or unhappiness. Acceptance of uniqueness is acceptance of chaos. Because of this acceptance, repetition and re-experience of the same is no longer necessary. Since we have the past as our only reference, we think that by representing the climate, experiences can be repeated that we have experienced as happy. The past plays an impeding role in the acceptance process of one-offs. But how can we imagine a climate when we know that it is constantly changing, and how can we imagine a climate when we know that the re-membering of the knowable is subjective and changeable?

II. JUDGMENT

A chair is a chair, sometimes made of wood but not always.

A child relates the chair phenomenon to the chair it is familiar with in the living room at home or at grandparents' house.

What is a chair? Can you sit on a chair? Then all matter can be a chair because you can sit on all matter. Everything depends on the description.

A photo of a chair is, in the first instance, a photo, but within the framework of thinking in reward and punishment, the right solution will point in the direction of the chair: Photo is wrong; chair is good!

Symbolism sneaks into the child's life. We call this: a development in correct symbolic thinking. Correct, because the recognition of "different" is not possible within the frame of reference at that moment.

We give a description of a chair that fits into our practical existence and recognition. Through growth in knowledge, abstraction and ability, a connection between the left and right hemispheres of the brains grows.

This cooperation is possible due to the growth of the brain bar (corpus callosum), the connection between left and right) that transmits all incoming stimuli.

Ordering then takes place in the left half of the brain under the heading of cognition or cognitive skills.

One of the important orders that we have come to appreciate is the assessment of time. Night and day contradict each other when we find that neither can be described because of the fact that even within the framework in which they exist (the concrete world) they are subjective and localized.

The division into year, month, day and hour is an invention to provide structure for fear of chaos. Different solutions have been devised for each culture to discover a rhythm that you may call "time" on the basis of an inventory of events in space. Rainy season, spring, happy hour, before-war, etc.

With the help of such time determinations one can then determine whether reward or punishment should be handed out.

In this way one can enforce expectations.

STEREO TYPE

How can a syndrome or ailment be judged on the basis of stereotyping?

All repetitive forms consist of fear of chaos. The repetition is the interpretation of the judgment about time, in order to make it clear, clear and concrete on the basis of action. Repetition is an attempt at imitation and can only fail because all is One and of all is only one. Repetitive forms are real, but only of significance in the detachment process (see: *X. Incredible (inconceivable)*; my body is time and time is matter). When repetitive forms deviate from the usual, the repetition of the deviant is seen as stereotypical behaviour. That's it: the diagnosis has been made! (see: *Autistic?*)

III. CLARITY, SECURITY, GRIP.

The actions that are related to the determination of time can now be shaped from a certain rigidity where conclusions and outcomes ... offer a solution.

Then there is the overview that we experience as clear, certain and reliable.... the science.

Knowing that a bicycle can be cycled at a speed of 15 km per hour, it is possible to assume that the distance from A to B (15 km) can be covered by bicycle in approximately one hour.

If it turns out that a strong wind is blowing, we must quickly change our conclusion.

Science can only exist by determining the conditions for a climate, from which observations or assertions are made.

Scientific practice within a defined climate serves the development of the sense of relativity.

As soon as science is generalized and takes the position of truth, the organic threatens to disappear from the climate:
Science that has become instituted.
Convenience and the limited thinking of people lend a hand to come up with rules that embody "the law" and "the truth" through this institutionalization.
We were already accustomed to reward and punishment, now a record confirms the truth once again.
Rules are rules!
The emergence of certainty, clarity and grip (stability) within a subculture.

COW AND COCK

One beautiful spring morning, a cock meets a cow in the meadow.
Cock: Good morning, Cow.
Cow : Good morning, Cock.
Cock : Listen Cow, maybe we can be friends, I'll tell you about myself right away!
On the farm I have a huge responsibility. At the first rays of the sun I stretch and start to cluck and crow at full throttle. The farmer then knows that he has to get up to milk your species and can then, in time, put the milk-filled cans at the side of the road so that they can be taken by the milk truck. You 'll understand; ... without me things would be pretty messed up here!
Cow: Boy, that's great, Cock! My life looks different. I only give milk and every now and then I get madness in my head, then I start jumping and dancing, the milk turns sour, the farmer is furious, in short ... all misery!
Cock : (with a disapproving look) How strange, cow, no... I don't think we can ever be friends...

IV. SUBCULTURE

The subculture is created by the formation of a so-called circle of friends in front of a so-called circle of enemies. By creating "the enemy" you get an overview in a smaller circle, which uses a norm and jargon within a cultural environment and background. War actually is perhaps not a matter of good and evil, but more likely a question of clashing subcultures. These subcultures are institutionalized in such a way that there is a complete lack of awareness that within their "own" culture or pseudo-democratic system, they (also) are guilty of warfare and violence. War with bombs and guns seems much more serious and gruesome. This means: the maintenance of good and evil in one's own culture, due to the lack of any form of self-relativity. All kinds of (super-)powers have the power over their people and can realize the plans that dictate the doctrine and/or ideas.
It does not matter whether the suppression of a despot creates a subculture or a sham democracy. Both are dictating institutions.
The United States have always needed opponents (war) to make the people believe that everything outside the U.S. danger and is undemocratic.
Hand on heart as the national anthem is sung, while the disorder is visible and noticeable in all states. I'd rather have a joking president than accept other ways of thinking. Nationalistic thinking remains a fictitious plaster on a miserable existence, due to the fact that cause and effect arise from the same experience.
An age-old example of organically formed thoughts becoming entrenched can be found in the dogmas of many religions. The religion as a philosophy, which has an assumption that leads to a flexible and creative life, no longer exists as soon as reward and punishment, hell and damnation are preached. Institutions can be recognized by a hierarchical structure.

V. GOOD AND EVIL

Good and evil are always related to the subculture where they flourish. Good and evil are inventions that arise from the combination of the cause-effect and the reward-punishment mechanism.

There is good music and bad music, good taste and bad taste. But is that really so? Do 'good' taste and 'good' manners mean really better development?

Only by refining sensory perception is it possible to enlarge the spectrum of Recognition. This is a cognitive development. No development in spatial awareness. On the contrary! Recognition of Bruckner's 6th Symphony only says something about the ready memory of stored and classified repertoire.

Recognition of different performances of this symphony, and recognition of the style, only say something about the recognition of the imprinted. Nothing about musicality and certainly nothing about creativity.

Because we can notice differences between performances of the same piece of music by e.g. different orchestras, we like to profile ourselves by presuming an opinion. It's beautiful, or it's outrageously bad. The context is not looked at.

The preview of a concert, which will be performed by a Chinese folkloric music company in a renowned theatre, fails to convey to a number of interested parties the frame of reference and the cultural-philosophical backgrounds of the music and the musicians. The ability (by classifying) to imprint the phenomenon as an isolated phenomenon results in the situation that the preview has become the recognition and experience of the concert.

VI CONSIDERABILITY (The Conceivable)

It is conceivable that within concrete thinking the cognitive skills are used to strengthen the ego. This means that the people with the strongest cognitive development and capabilities are often in power and in control.

The efficiency of concrete thinking is expressed in an unparalleled urge for exclusivity, which sets the process of obscurantism in motion.

Deliberately withholding information, permitting poor or no education, and using the media to manipulate the people, are a constant occurrence.

When an unknown artist wins a prize and becomes well-known via the magazines, the market value of her or his creations has increased astronomically in one fell swoop and the sale of these has not been a problem at all.

The artist has become an institution; institution and ego are equal.

It is clear that the ego is a creation of innumerable interpretations of the outside world, and that we ourselves have come to believe in a so-called personality because we are not aware of anything other than correct symbolism. That is what is recognized. The ego does not make its own decisions, for every decision is imaginable within the concept being used.

As soon as considerations have to be made, calculations are made that can only work in a known (imaginable) environment.

It becomes clear that concrete thinking and the ego inextricably linked with it gives a life that can be real, but not creative.

JOHN

Saturday morning John was always up early, it was his fishing morning. The invigoration of the fishing adventure far outweighed the early hour and short night.

Set up in a rain coat, wearing an oil jacket and rubber boots, John went on his bicycle to the canal.

Just sting some piers and then see if they wanted to bite...

John was not the only one at the canal this morning, apart from one or two feathered fellow fishermen, a group of six strangers sat with their rods in the water.

John was surprised to find such a large group at this hour, but unperturbed he sat down with his briefcase and fishing rod on his permanent spot.

It was all right this morning... one fish after another presented itself and in a short time a small dozen perch-like fish were thrashing about in the net, which he had attached to the quay.

While one eye kept an eye on the float, his other eye was still on the strange fishermen, who, to his surprise, hadn't caught a plaice yet, despite the fact that the fishing club had expanded considerably.

After more than an hour of wondering how it was possible that these fishermen were unsuccessful, John decided to pay them a visit.

"Good morning," John began when he arrived at the fishermen's. The six sat in silence, staring at the ever-widening rings around the floats.

"May I ask how come you still haven't caught anything?"

"Of course, you can," replied one of the six, "but first think to yourself why your net is so full."

John thought for a moment: "I think luck," said John.

"Just look." One of the fishing enthusiasts picked up his rod.

"But ...," stammered John, "there is no hook at all!"

The strangers laughed a little, none of the other rods had a hook attached.

"Fish that want to bite don't need a hook," added one of the six.

John was spinning: "Who's crazy now? You or me?"

"Six to one," said the first fisherman, "I should think about that!"

VII. IMITATION

The fear of being rejected by the environment leads to slavish imitation.

The description of imitation could be: imitation is the behaviour that arises from concrete thinking, in which the fear of the subculture determines the action in every moment.

Not unlike what we call instinctive behaviour in animals. An example is that sheep are stupid and parrots talk too much.

The advertising slogan of the Dutch Association Against Swearing: "don't become a nagger" can be called somewhat laughable with these insights, but it also gives an idea of how people can get stuck in the dogmas of an institution.

It is said that no one wants war. But what is the path to take to a life without violence? If imitation causes causal violence, then a world without imitation would be creative at first - and consequently without violence.

Outside of causal thinking, man only distinguishes himself from the animal by being able to take the step towards creative and spatial thinking. She 'actually' wants to take this step, but does not dare to take it 'actually'.

THE NATURAL WARRANTY

And then the repetition deviates from the original form so that the cell dies. If the cell would not die and the cell division would continue, a tumour would form. Because matter can only be formed by repetition, cell division continues. The tumour is a continual repetition of cell division. But I'm alive!

The deviation from the primordial form is the meaning of chaos. Chaos is not accepted and thus cancer arises. Everything that is not recognizable is called chaos. Everything known is called repetition.

A body exists by recognition and repetition. A body also exists when accepting change. This creates tension due to the fact that DNA is a constant repetition of the same thing. From the

moment cells have to age and die, the errors creep into the copy. The cells die or they take on a life of their own, resulting in a tumour.

Our body is recognition and repetition, but the climate in which we find ourselves is constantly changing. Everything concrete is repetition. Should we therefore look in inhibiting recurrence in cell division to cure cancer, or should we look in the direction of acceptance of chaos and constant change?

VIII. GOAL

Our goal is to grow measurably by entering into a constant competition with others driven by a drive for exclusivity. This urge is required and stimulated by the environment in which we find ourselves.

The problems that this competition brings are enormous and dominate our entire lives.

When we reach our goal and the success we envisioned is achieved, then our problems are solved.... We think...

The material prosperity will be ours and we will be rewarded by the environment with social prestige and status.... we think...

All the accolades, awards and pats on the back encourage us to believe in the competition.

All action is to reach the top with purpose. Every party, every meeting and every leisure activity is dominated by the ego-centricity: who can I use in what way in my competition?

The competition arises from expectations, which have been prompted by the environment, but which are interpreted via the ego as one's own motivation and inspiration.

In this world of representation and result, there is only room for highs, which cause instant lows when things go differently than expected or imagined.

IX. GOOD LUCK

We are successful! A beautiful house to live in, and appreciated by the environment for our good taste.

Beautiful children who play in the top of the sports club and make music at a high level!

Nice people in the area with similar interests, with whom we take out a subscription to a series of the Concertgebouw Orchestra every year. We follow the exhibitions in the country and also keep abreast of the latest developments.

In fact, we can't imagine a more pleasant life than the way it has gone so far, it's going well!

Just knock bare wood ...

Yes, we are fortunate to be healthy and to have healthy children.

At the time, we did a preliminary examination during the pregnancies, so that we were sure that we would not have a child with an abnormality. You don't want to think about that.

I hope that my children will be able to live as happy a life as we do. Of course, we have tried to pass on our standards and values to them and I think we have succeeded in doing so. None of them smoke, the middle one drinks a beer now and then, but those states you hear about with pills and stuff; we were able to keep them away from that.

The eldest has almost finished his studies and is thinking about taking over our company. A wise decision...

If he does, we will travel.

That's what I've always wanted: adventure in another country and culture...

AUTISTIC?

"Woman, I'm going to get sick of that kid with his jumping and fluttering!" As he said that, Dad drummed his fingers on the table and pressed his left big toe against the top of the nose in his shoe because it was so made a nice cracking sound.

X. HAVE I HAD A BEAUTIFUL LIFE?

I knew I was going to die, but this is unimaginable. I never realized that in the face of death everything would change. My first step into timelessness is my first own decision and my first creative insight.

I can't show any of this because then my whole life would have been for nothing.

Suppose the outside world declares my insights as a useless life...

No, in the years that I have left to live, I will only sharpen my views a little more, so that everyone will know that I stood and still stand for my actions and deeds.

My life consisted of imitation, but imitation is something everyone does, there is nothing to criticize about it.

What is left for me now is traveling around the world and visiting all those beautiful places, churches and palaces and getting a taste of those different cultures. We will then accompany you on an organized trip, so you don't have to worry about accommodation and transport.

The last long journey, I only now realize that, is in any case disorganized and the accommodation is of unprecedented quality.

CHICKEN AND EGG

The chicken and the egg are independent forms between which a relationship has grown. The question of which form existed first is a question that arises very clearly from the cause and effect thought. Is the chicken the cause of itself, or is the chicken the effect of itself? Like any other object or anti-matter that has become concrete, the chicken and the egg are imprinted certainties that show that our urge to explain everything within a concrete world is of no avail.

Apparently, it has to be different! But how? I am afraid of Different!

PART II. THE BIRTH OF SPACE

X. THE INCREDIBLE (INCONCEIVABLE)

When I immediately make the decision to die, do I really die or am I surprised? I'm actually already surprised at myself, because I feel that death is my own decision. Apparently, it is the case that when I am so close to death, the abstraction of the concrete is suddenly tangible - and can be reasoned. If I had known that matter had only been the material for the creative process, what would my life have been like? Funny, actually, that I've never made a connection between material and matter.

Material depicts the action taken from the trigger, while my gut always said the matter was absolute and static.

That absolutism, I am now rid of that, but why?

Now that time is running out, I realize that time no longer plays a role and actually never has. Time only plays a role in the recognition period in which matter is formed in the so-called real world. Matter and time are equal. Strangely enough I don't feel aging, although my body is almost worn out, through all kinds of new insights I am experiencing a growth that I have never known. My body is time and time is matter. My surprise at my own death decision alienates me from my surroundings and from myself. Without fear I look around me at the alienating image of the environment where my life took place and in which I felt at home.

Is it because of this that people, who have had horrific experiences, no longer find a place to go on?

Such experiences are as unimaginable as the step to death; however, the symbolic order within which the experience has taken place remains.

With spatial insight, you can create a picture of how someone feels torn between the concrete world and the abstract world that is experienced.

Only through recognition via concrete thinking can it be stated that horrific experiences do arise from concrete thinking, but have absolutely nothing to do with it in terms of abstraction. The world around me does not recognize my trauma.

IX. PROCESS AND GRADUAL TRANSITION

But I'm alive!

I need to communicate and interact with others. Only by step do I have to walk the road to my fear of the concrete world from my unimaginable spatial thinking.

It is strange that my fear of death has disappeared, my fear of concrete thinking within the symbolic order has taken its place.

My emotions in the concrete world are the meaning of the wish to die.

In order to be able to communicate, I have to let my environment know from my abstract thinking that by accepting the process-based life there can also be a gradual transition to a creative way of life where you don't have to incur horrors.

My new fear is my understanding of misunderstanding.

Here it is! A double interpretation!

Only through a gradual process of recognition can the concrete world learn to fathom that all fear of - and of the ego - is the origin of all horrors on Earth.

My double interpretation, my understanding for the actions in the concrete world so incomprehensible to me now, is called unconditional love.

VIII. LETTING GO

If my experience of the unimaginable cannot be imitated, felt or copied, then it must have been a moment of creation.

In order to experience the letting go of the existing, you could take an action of insanity and watch the process in anticipation.

I can remember one story. It was about a man who used to go fishing every Saturday to catch fish. A clearly defined goal, accompanied by an appropriate action. His name was John and he could imagine many things, except that a little way up the canal, along the canal, some strangers were fishing with no-hook rods.

That was a waste of time!

But then again, there wasn't one fisherman with deviant behaviour... there were six!

"The majority is right!" once again determined the thinking of our John.

The purpose of the "hook-less" was to experience the sense of release-from-the-goal, and get into meditative condition through this nonsensical action.

Creativity is always nonsensical, but spatial thinking reflects out of nonsense.

In any case, John got a push to think about: habit, the reason for ..., expectations and time.

"Apparently, there is another world," said John to himself, after putting away his fishing tackle and putting the perch-like fish back in the canal.

VII. JUST CREATIVITY

A: No goals, just creativity!

B: but you just said that creativity is nonsensical... (does not serve purpose)

A: That's right!

B: But then it becomes a mess, a big mess.

A: It's already a mess, a big mess.

B: Why?

A: The world is on fire and your thesis is that order and structure are the most important?

B: But if we were to free ourselves from all norms and values ... that's not possible, isn't it?

A: It is not our norms and values, they are structures and rules created by power mechanisms that stand in the way of living a free life.

B: But who came up with those rules?

A: You!

B: But I had good intentions, I don't want a war at all.

A: Oh no?

B: Absolutely not!

A: Absolutely?

B: Absolutely!

A: Do you know what 'absolute' means?

B: Do you want a description?

A: Just try...

B: Well...here then. Absolutely means: in any case, with the emphasis on 'any'!

A: So you want war, right?

B: Do you mean that my absolutism (despite my good intentions) produces norms and rules that make us believe that the truth exists and later bother us because everything is constantly changing?

ATTACHMENT AND DETACHMENT

Without attachment (exclusion), inclusion (detachment) cannot take place! Attachment arises with the order and structure that is understood within the subculture. We call attachment: causal discrimination that takes place in a dualistic world that we believe to be real. When we stand back from this causal discrimination, we can look objectively at this real world, in which

we no longer identify ourselves with the ego. In that capacity, we have the opportunity to live an ethical life in accordance with the world as it reveals itself.

This valueless thinking movement is a double interpretation.

Rules are rules! But no more than that. However... the exception confirms the rule. The exception is one-time and is called chaos.

The exception shows that it can also be done without rules and that every moment can be an exception. The rule is: order is attachment. Attachment is: the repetition.

Double interpretation (detachment) is: separating norms and values and separating object and subject and then loving the attachment in order to lead an exceptional life. To be detached is to observe the behaviour from above through order and regularity, to understand the urge and compulsion towards it, but also to see what it does.

VI. NO IMITATION

Imitation stems from a lack of understanding that results in 'actual' do not exist and that everything 'actually' is a process of change.

Fashion, for example, is a commercial institution that knows how to make use of people's eagerness for something new on the one hand, and the accompanying urges to copy on the other. These copying urges can be explained as fear reactions, but the eagerness for something new gives the impression that people crave change after all.

What can be concluded from this is that people prefer to change the form rather than the content. One would rather change the norm than the value. Adjustment of a standard or rule is called repetition. Apparently, people feel that values cannot be copied.

Idealizing one or two "traits" in someone else and the need to make them powerful also gets in the way of self-acceptance.

Our individuality and our ego are at odds with each other, but also complement each other.

Since we cannot recognize our originality, we can never undertake a targeted search for it. The tour is only a reason to experience a creative process. We call this process detachment.

Even all meditation and courses of a spiritual nature, are only grounds for detaching from who you think you are.

Acceptance of the new self-image also allows acceptance of everyone else.

COW AND COCK II

It is another beautiful spring morning and in the meadow a Cock and a cow meet.

Cow : Hello Cock.

Cock : Hello cow.

Cow : Shall we be friends?

Cock : Okay, cow...

Cow : You seem to be an important figure on the farm, don't you?

Cock : You mean that crazy crowing in the morning?

Cow : Exactly!

Cock : It's pure madness, I simply can't help it, but well... the farmer thinks it's wonderful. He says I'm the motor of the farm..., the freak!

Cow : Ah, Cock, everyone has their quirks!

Cock : You're right, cow, everyone is different.

Cow : Friends?

Cock : Allright!

V. NO CONFIRMATION

Affirmation is merely a confirmation of something or someone that can be measured by a set standard.

The confirmation, in other words: the judgment about good and evil only tells us something about the environment, nothing about the person or action in question.

Differences are often determined by cultural relativism. For example, in England it is normal to drive on the left side of the road.

In China it is common to eat with chopsticks. The Westerner's fork and spoon were invented much later.

In Russia it is "standard" to walk around with a fur hat because of the long harsh winters, and in America almost everyone carries a gun because it is still "wild west" there.

Obviously, deviant behaviour simply means that one norm differs from another.

From the respect for "different" the fear of "different" disappears and no confirmation is needed anymore, resulting in a creative life in which free will exists and free - own - decisions can be made.

"The lightning" of the burden imposed by concrete thought can only be perceived by itself.

IV. ALIENATION

When values cannot be copied, that explains everything about the diversity in people.

Acceptance of diversity is acceptance of one's own and others' values and acceptance of chaos.

Within this acceptance there is no imitation and no competition. Because of the immeasurability that arises in the individual with this acceptance, the fear of falling outside the conventional concept disappears. The individual as object is now separated from the individual as subject.

This separation is an alienation from the ego. The alienation of the ego causes another causality that you could call a double interpretation of reality.

A disruptive event can lead to alienation from the concept, in which this event is experienced as negative.

Blissful moments are never disruptive; they always fall within the performance.

An alienated person is autonomous, but not lonely.

III. CHAOS AND UNCERTAINTY

B : It's going to be a mess, a big mess!

A : It's already a mess, a big mess!

We assume we end up in chaos and hell if we don't follow the rules, but... how do we recognize hell, as an afterlife punishment, in which we have to deal (and have had to do with) holocaust '40- '45, a Vietnam war, war in Iraq, East Timor, Kosovo, Chile, Druze, Kurds, Korea and last but not least: religious disputes.

Perhaps that could mean that hell is happening here in the present, everywhere!

Bullying at school, football fans fighting to the death, sex crimes, kicking ass, neo-fascism, Catholic versus Protestant, etc.

And we live in peace and continue to judge and condemn until death follows.

We don't realize that judgment isolates a group that reacts with physical, mental or verbal violence out of fear of the "elusive other".

Every reaction to chaos as a fear reaction, arising from a pattern of dogmatic norms and values, leads to violence.

Every reaction to chaos, arising from a separation of norms and values, leads to unconditional love.

II. SELF-ACCEPTANCE AND ACCEPTANCE OF THE ENVIRONMENT.

The painting was done!

The oil, still wet on the canvas, was the last action he had chalked over the green-black background with large green letters "Now's the Time".

The African-American musician, who had the score in front of him on the piano, apparently had to represent some trumpet player, who was listening to his own "band" with the instrument in hand.

The musician's environment suggested that this was a performance in a nightclub. With a little imagination, there was a dancer to discover and the contours of the legendary alto saxophonist Charlie Parker.

"What a gloomy painting..." was one of the first reactions from the outside world to the artwork.

"All those dark colors.... I like fresh light shades much more!"

The painter shrugged. "To each his own", he grumbled and what he had always thought appeared again: "I can only judge for myself how my painting fits into my own consistent thinking! Actually understandable that creativity is not recognized"

I. NO FEAR

No fear of death as a metaphor for unimaginability and creativity. It is precisely in the climate of arbitrariness and chaos that free will and an individual giving of meaning is possible.

Free will is expressed in a life in which one is always in accordance with the situation as it presents itself.

ALIENATION
THE THREE BASIC METAPHORS AS THE BIG WHOLE

RED	GREEN	BLUE	Additional information
Chaos	Order	Double interpretation	Acceptance of chaos and understanding of the urge for order
Process	Goal oriented	Reason	The goal is only a reason to experience the creative process
Inconceivable	Conceivable	Matter	The performance is the material to experience the inconceivable
Right hemisphere of the brains	Left hemisphere of the brains	Corpus callosum	The chaotic experiences or abstractions are stored in the left hemisphere via the corpus callosum.
Creativity	Imitation	No recognition, because: everything is change	From the realization that only what is imitated is recognized, it can be assumed that what is not recognized is in change, and what is in change can only be the creative process.
God (Christ)	Ego (Devil-diabolism,-dualism- Christ<->Antichrist)	Enlighted (Holy) Spirit	The materialization, but in the form of detachment
Everything is one	Urge to exclusivity	Everybody is different	When everyone is different there is no competition but chaos, and when there is chaos, everything is One.
Spatial thinking	Concrete thinking	Acceptation of both	Acceptance of both is only possible by experiencing the transition from concrete to spatial thinking.
No 'truth'	The truth is order and exists	Everything is true	Because everyone knows the truth and everyone is different, everything is true and the truth does not exist.
Unconditional love	Fear	Understanding the incomprehensible	What deviates from repetition gives rise to fear and stress, as long as the understanding is lacking. Understanding the incomprehensible is called unconditional love.
No contradictions	Contradictions	Understanding the urge to order	The contradictions exist as paradoxes, because they arise from the same way of thinking, they arise from the urge for order that creates a concrete world, a world of violence.
Grey	Black and white	Black = white	Black and white are in constant contradiction with each other, they together give all the colours that exist in judgment, they cannot exist by themselves because they are apparent opposites; the real contrast of black and white is called grey and is neither white nor black.

ALIENATION — A MOVEMENT OF THOUGHT

The game 'Alienation' is a thinking movement based on the world as representation. Everything that is knowable is called representation and forms a symbolic order that is driven by an unrelenting fear of everything that falls outside the representation. What falls outside the performance we call: chaos and instability.

The world of order and repetition gives people something to hold on to during life, as long as this order is not disturbed.

Life, which is literally determined by order and expressed in conceptual thinking, is a life in which norms and values are interpreted as being inseparable. This gives rise to misunderstandings because of the diversity in cultures around the world, but it does provide an overview of one's own environment.

Norms have become concrete values. These shaped values lose their value at the time of their designation and have then become a valueless object. You would call this the "objectification of value".

When there is a matter of merging object and subject into one reality, there is confusion of facts with causality.

The green disk is the world we know. The world in which misfortune and happiness are experienced. The life of exclusive love with highs and lows. Life, ruled by the Ego with all the necessary conditions.

This world is represented in the game by a small green disk, which is a metaphor for fear, repetition, clarity, certainty and order.

A life without fear would be a life in which norms and values, object and subject, facts and causation would be separated from each other. That would mean that through non-identification with the ego, man could transcend dualism and live in creativity. In this non-violent world people live within the performance, but the climate of arbitrariness and chaos is experienced as a source of inspiration.

This thinking movement is referred to in the game as a double interpretation of reality and is shaped by a medium-sized blue disc.

Throughout our lives we deal with three basic metaphors:

- the knowable world as a representation in which past and future exist and is ordered by causality. Norms are subjectivated here, which creates conditions.

- the world in which time does not exist, which is actually unknowable and has only the meaning of potentiality and chaos.

- the world that does and does not exist, in which there is continuous simultaneity. Here the time is always NOW. Norms are considered here only at the object level, so that conditions do not apply.

By providing insight into these different interpretations via discs, an overview is created of how people can repeatedly drive themselves and others, limping in two minds (dualistic). However... it does not stop here...

Via the large red disc, which is a metaphor for chaos and creativity, one experiences the possibilities that fall outside the performance. After all, no representation means: no fear. No fear provides a life in which one can give one's own meaning to the phenomena.

The discs can be placed on top of each other so that all three are visible from above. They rotate independently of each other, but on top of each other, and around one spindle.

The text on the discs and in the text booklet can be used to gain insight into one's own life: A life that is process-based in which the goal changes into an occasion for creative thinking.

ALIENATION — THE GAME

Introduction

Alienation is a game without rules, you play it alone or with others.

Three discs of different sizes rotate around one axis, independently of each other.

They are arranged in such a way that all three are visible from above.

The top (smallest) disk is green and is, in ten steps, the representation of the construction of the ego, the institution, the company, the product, the world and the left hemisphere.

The middle disc is blue and represents the brain bar, the cooperation between the left and right hemispheres and all imaginable questions.

When the blue disc is turned, an arrow points to the keywords on the edge of the green disc when it is stationary.

Try to establish a relationship between the specified keyword and the question.

Connect question, keyword and ego structure as described in the heart of the green disk.

No recognition? Then go back one or more steps.

When you are at I. FEAR, move the thoughts to I in the red disk.

The numbers I to X in the green and red disk are constant opposites.

More extensive explanation than on the discs can be found in parts I and II of the text.

The aim of the game, based on the assumption that all action is terror, is to find the real creativity, making violence superfluous.

Target groups: the game is for everyone who confuses norm with value, and for people who are so traumatized by experiencing an unimaginable event that they no longer find recognition in the concrete world and do not realize that they already live in a world of spatial to think.

The text on the discs is the following:

(The 10 key words, which are also numbered in this booklet, are shown in a circle on both the green and red discs.)

At the heart of the green disk is written:

(I) All fear is fear of death. (II) Therefore, the judgment of time, self and others (III) Provides certainty, clarity and guidance (grip) (IV) within a subculture (V) where it is necessary to separate good from evil (distinguish 'good' and 'bad'). (VI) This representation is important to form a judgment (to make up your mind) (VII) to be able to hold others accountable for behavior and mistakes (VIII) that stand in the way of the goal (IX) to obtain a good result. (X) Have I had a nice life? Yes, then go back to (I).

The green disc stands for representation, knowability, ego, institution, product, concrete thinking, world, matter (mater -> mother -> mother-earth), left hemisphere and hierarchy.

The blue disc represents the moment of objectivation, or the separation of object and subject: the brain bar (corpus callosum), all dilemmas and questions.

In addition to the ten topics, as numbered in part 2 of the manual, the red disc contains the following text:

No fear (I) provides the joy of life that (II) through acceptance of self and others (III) seems to bring about chaos and uncertainty, but where (IV) everyone is different, no (V) confirmation of (VI) is the norm possible and delivers a life of (VII) pure creativity, (VIII) without goals (IX) that is process-oriented; now death is a gradual transition, (X) welcome unconditional love, chaos and creativity.

The red disk stands for: right hemisphere, unimaginableness, chaos, no matter, creativity.

THE MODEL FROM 'ALIENATION' FURTHER elaborated.
(by Hendrik Jan Lindhout)

The metaphors mentioned in the model are different facets of our lives. These can make the mechanism of cause and effect understandable in thoughts, words and actions in various situations.

In order to be able to always have the game ready in practice, it helps if we take a closer look at those metaphors, so that they are present in our memory as a kind of memo. The moment an unimaginable situation arises, where a decision is not immediately found, but must be made, our thoughts with this baggage can quickly make the connection between what seems to be going on and what seems to be happening, to be done versus what is going on and what needs to be done. In addition, the inner peace, which we can keep more easily because of this, is very welcome!

Chaos – Order – Double interpretation.

Understanding that the urge for order exists is imaginable, but accepting the chaos is easier said than done. Life is so easy when we have everything in order. Just when we think we have everything under control, the unexpected comes into play. Precisely because it is unexpected, you can never anticipate it, because if that were possible it would no longer be unexpected and therefore not a cause of chaos.

What exactly is chaos? Chaos will have different meanings for many. To one, chaos is what to another a vibration of order. Some get upset if the car cannot be parked in front of the door in the familiar spot, while others find it no problem.

So you could say that something apparently only has that meaning that someone gives it. Giving meaning has to do with creating order, but it also indicates to what extent someone can handle the (unexpected) changes. In other words: the norm that is set, by which it can be judged whether something is chaos or order, is not really a norm, precisely because that norm can differ so much and because of its multiplicity can have no meaning. Because there are many definitions of the word chaos, all those meanings, which are essentially intended to create order out of chaos (also literally), can be chaos in themselves. So it seems to be a proposition that bites its own tail... The description should bring order, but could also cause chaos.

The moment we experience something unimaginable, we need something. Preferably someone, of course, but in the absence of help we look for something recognizable, an association, to give the unimaginable a place. But the moment it has a place, it is no longer chaos (twice the same chaos is recognition). Moreover, the association is one of the past (the association of the future does not yet exist) and therefore that association can easily be a trap. After all, something that resembles something can essentially be different, because the context and the circumstances are different. The moment we see something recognizable and react to it in the same way as back then (when the association arose) it will become apparent that that association can help a bit, but can also send you in a different direction.

All moments, even the unimaginable ones, pass. This can be a comfort. But not if we continue to feel threatened, or if we can't get a grip on it. That's when fear kicks in: fear of repeating a disruption experienced before, or even fear of not being able to survive it.

We are dealing with the chaos that causes the urge for order, but also with the urge for order, which demonstrates the continued existence of chaos.

If we can distance ourselves, put things into perspective, space is created for the double interpretation. The word 'relative' can make this clear. It not only has the meaning of taking away the seriousness, or even downplaying the situation, but it also has the meaning of relating the people and events. It creates a relationship, a connection, which can ultimately lead us to a sense of unity, the disappearance of boundaries. When we talk about the double interpretation, putting chaos into perspective will not only mean 'removing the impact', but also in that of 'associating' that chaos with order.

In dualities, the double interpretation is a means of overcoming fear, without having to fight against that fear.

Process – Goal-oriented – Reason

Setting goals is the reason for making a choice. Choosing one rejects the other once we have set ourselves a goal. On the other hand, if we do not pursue a goal, we do not have to make a choice for one and therefore against the other. Both options are an option.

We are constantly making choices. The difference between going through a process and chasing a goal is that the choice made will be a choice about who you want to be, rather than what you want to have.

The events or experiences are then a reason to step into the process and participate in it in a creative way. But the moment a goal is set, there is a reason to establish a standard and a framework in which this goal can be secured. The choice then has another motive: the desire to achieve the goal.

Inconceivable - Conceivable - Matter

We live constantly between the imaginable and the unimaginable. The imaginability is built up by recognizing what has been experienced in the past and by transferring it through upbringing and training. The unimaginable things – because they are not imaginable – are actually not there. We call some events "unimaginable" because we couldn't have imagined that such a thing could happen, but... it happened anyway.

When we make a performance, for example in music or theatre, a script is made of all the events that complete the performance. If everything is successful, we say that the case went well. All events are measurable, such as the light, the pitch, the intelligibility, etc. But everyone experiences the performance from his own perspective. The performance will not be the same for anyone. There is an unimaginable amount of experiences, all created with the same material. After all, the actor or musician only performed one version of his role, but it was experienced differently by everyone present.

So if we dwell on the measurability of events – see "Good and Evil" in part 1 of the book – we ignore the experiences we all experience. For example, a performance by the students of the music school can enrapture the audience, while the audience is not affected by the 'perfect' performance of a renowned ensemble.

The experiences are always subjective and unimaginable.

Creativity – Imitation – No Recognition

Because we grow up in a world where we gain clarity through images presented to us (examples), we have a strong tendency to cling to those images. We follow in the footsteps of others, both in our thinking and in our actions.

The acceptance of repetition, such as in housing construction, and also the limited range of sheer curtains, indicates that imitation can provide a framework and a foothold. It gives us a subculture that we get into. But the moment we do not want to accept it, we will not succeed if only 'wanting to escape' is the motive. Creativity only arises when we recognize the existence of the imitation and – without wishing to be exclusive – look for something else. Whether we think this (see 'Process...') is not really important. As long as imitation is experienced as a means and not as an end, it doesn't matter anymore. Curtains can be very cozy...

Something that has just been created has not been known before and therefore not yet recognized. Chaos and creativity are actually the same thing. The funny thing is that the former usually carries a negative meaning and the latter a positive one (see 'Judgment').

The pursuit of creativity as an exclusivity urge produces statements such as 'design'. The circle is complete again here: the moment confirmation is sought for the creation, another goal has been achieved. The creation can still be original, but the creator gets stuck on the green disc.

God (Christ)- Ego (Devil-diabolism,-dualism- Christ<->Antichrist) - Holy Spirit

The image we may or may not have of God varies from person to person. From our own experience we have formed an idea of who or what God is, or what He means. The image we may have built up of God is by definition one to which our ego clings. But suppose God is, then God is apart from any judgment, from any assessment, even as to his existence. If He is, then He is as He is, and not as we think as He is. God is unimaginable. Hence, many cannot believe in a God. However, this 'not believing' is also only a subjective image. Being hot of the unimaginable, however, stands on its own, apart from any image that an individual may or may not form of it. We are just as much who we are, and not as we think who we are. The riddle of this life is that we can never break free from our ego (self-image) and substitute our 'true' nature for it. Reality is the mirror of our mind. The degree of (self) awareness determines what we see as reality or truth. For example, we can be confused by the thought that we are a body or an ego. But maybe it is true that we have a body and an ego, but we are not.

Saints exist in almost all religions. The Christ is the central figure of Christianity. The Christ is the symbol for unconditional Love. However, the image that has arisen of Him may also be an image coloured by the ego, so that who He really is, still remains veiled by it. From the world of dualism, Christ is placed in the context of 'good' versus 'evil'. He has been humiliated in this perspective and fallen victim to criminals. Jesus was "right" and the criminals were "wrong." The paradox is that we state with certainty that Jesus Christ represented the 'good', but the determination of who actually the 'wrongs' were still causes a lot of confusion. That the perpetrators (who were the real perpetrators by the way?) did it was 'wrong', but at the same time it is believed that it was only 'right', that it happened, otherwise there would have been no redemption...

Another consequence of this mechanism of thinking in 'good' and 'evil' is the realization that on the one hand Christ stands for unconditionality, while on the other hand the interpretation of 'redemption through the cross' imposes a condition, namely that the condition of the sacrifice must be met before it can be accepted by God.

The Holy Spirit is the symbol for the realization process. As a 'realiser' (today we could call it a 'process facilitator'), not only in the sense of creating something, but also in the sense of growing awareness (double interpretation), He is a guide through life. The Spirit is the One who knows both the divine (as it is) and the concrete world (as we experience it). He is able to make us aware of (the existence of) both worlds without making a value judgment about it. Without also naming or describing our 'true' nature.

Everything is one - Exclusivity urge - Everyone is different

We know everyone is different. Because we live in relativity, we constantly tend to associate or compare someone with another. The idea quickly arises that someone is better or less than that other. Then we follow our preferences and turn away from one and connect – and even identify – with the other. We exclude some. In most cases these are still tolerated, but only if they do not bother us. Or we set conditions that we must meet in order to still be allowed to belong. Because not only the other, but also we ourselves impose this, the hunt for the goal to be achieved ensues and we end up in the world of 'having'.

By qualifying each other we ignore the fact, precisely because everyone is different, that groups of the worthy and unworthy cannot actually be formed. There is no one who can be equal to another. We keep comparing, we remain far from the same.

The acceptance of being different can offer a solution by realizing that because we are different, we also act differently. [At the same time, this also means that we do not differ from each other;

our similarity is precisely that we differ from each other.] Removing the fear of falling outside the group produces a lot of released energy to more easily stay in balance.

Spatial thinking – Concrete thinking – Acceptance of both
and
No truth - Truth is order and exists - Everything is true

Although there are different interpretations of the same thing, it may be possible to point in the direction of the enumeration of facts versus the subjective experience. Even the facts can be interpreted differently for everyone. What one person recognizes as a fact, for another is an interpretation of a fact. It actually says no more and no less of what is described or experienced, but just as much (or little) of the observer. This discussion has already been explored in a number of philosophical movements.

These ideas may pit us against each other, but it could well be that the different experiences have their validity on different levels.

Being able to accept the existence (simultaneously) of different levels of meanings can push or blur boundaries.

Unconditional Love – Fear – Understanding the Incomprehension

To love someone unconditionally, or to demand nothing from someone, is only possible in the absence of fear. If nothing is feared, it is possible to take the other as he is. The moment that conditions have to be met first, it is no longer about who someone is, but about what he does. The fear of failure, rejection or abandonment makes us – to be sure, clear and to hold on to – set the conditions. (see also God-Ego-Holy Spirit) Norms, laws and values are the result. The more rules, the more lack of trust or fear. And also: the more rules, the more we can get caught up in them.

Because we actually all know those moments of uncertainty, ambiguity and lack of support, the insight could grow to recognize this mechanism in ourselves and others. In this way the understanding can grow for what we cannot understand in ourselves or that other. Could this lead to a decrease in violence?

No contradictions – Contradictions – Understanding the urge for order
and
Gray – Black and White – Black = White

Both black and white, as well as all other dualities, such as 'high and low', 'warm and cold' can be seen as opposites, but also as different values on the same scale. After all, if a value can only be determined subjectively and by the context, it is only relative. 4°Centigrade after a period of frost will be experienced as pleasant, but in the late evening of a summer day as chilly.

The stated values are no more than the urge for order.

Have – Be – Do

“To be or not to be that is the question”. This statement seems to be from a different world from “to do or not to do” and “to have or have not”. Daily practice seems to be the world of 'doing' and 'having'. We are absorbed in what needs to be done and what we need.

Striving for goals, such as a job, a house, children, but also wanting to get hold of all kinds of things, leads us to the world of 'having'. We have a house, children, a job, a computer. We have to do everything for that. Diplomas, a network to get the right job or to get another advantage. The things we do are then put at the service of what we want. It can even go so far that our idea of order, justice and fairness is put at the service of this.

However, if we can put things into perspective, by not letting happiness depend on all circumstances, the decisions will be fed by 'being'. If we realize that life can go on as usual, if we

don't have that one house, that job or that fast computer, etc., we will still do all kinds of things, but they are inspired by 'being'.

